About the internship
The Utah State Legislature internship offers students a valuable, local, paid internship opportunity. During the program, students are immersed in the legislative process as they support assigned Representatives and Senators with their responsibilities.

When is it offered?
The legislature meets for 45 calendar days starting in late January and ending in early March. The internship is Winter semester only.

Do I need to be a political science major?
No. Juniors, seniors, and graduate students in any major are encouraged to apply. The legislature welcomes interns prepared to assist with diverse policy areas through a wide range of backgrounds, including students from outside of Utah.

What are intern responsibilities?
Most legislators do not have personal staff outside of assigned interns. As a result, interns become the support staff for their assigned legislator. Interns write press releases, track legislation, meet with lobbyists, respond to constituent emails, summarize bills, attend committee hearings, process constituent surveys, keep their legislator's schedule, and track press coverage.

What is the schedule like?
Interning with the USL is a full time commitment. Students should not be employed outside the program, nor enroll in any classes from early January until mid-March.

Internship stipend and benefits
The legislature provides a generous stipend of $2,775 to student interns. In addition, you will build a network of well-connected individuals who can help you transition into employment or graduate school once your BYU studies are completed.

Will I need a car?
No. In a recent survey of former interns, only 31% reported driving alone regularly. Most carpooled and others used public transit.

Minimum application requirements:
- Junior or senior with 60 graded credit hours
- Eligible to work in the United States
- Cumulative GPA of 2.7 or higher
- Good academic and honor code standing

Required courses:
Students are required to complete two courses while in the program:

- POLI 397—Prep Course, 2 credit hours
- POLI 399R—Internship Course, 3-6 credit hours

In addition to these required courses, two optional second block classes are offered to allow interested students to achieve full-time status. Visit 945 SWKT for more information.

Where can I get more info?
Additional information, including the application deadline, is available through the link below and in 945 KMBL. You may also visit political science professor, Adam Brown (brown@byu.edu), who serves as the faculty director for the internship.
“This has been the best college experience that I've had thus far.”

“Other than the long-term effects of my full-time mission, this internship has had a more positive effect on my professional development than anything else.”

“Applying for this internship was the most important decision I made during my undergraduate experience.”